



“Nubia is the seat of one of the earliest civilizations of ancient Africa, the Kerma culture, which lasted since around 2500 BC. Along the Nile, stretching from the south of Aswan's Fourth Cataract and up to Northern Sudan lies the ancient land of Nubia. The word Nubia is derived from the ancient Egyptian “Nbu”, meaning gold, in reference to the abundant gold mines dotting the area. Nubians derive from two intertwining tribes: the original inhabitants of Nubia, also known as Al-Fadiga, and Al-Konoz, also known as Al-Matoka.

Nubia is a great place full of unique details only related to its people, Don't miss experiencing all these cultural differences yourself and enjoy the charming views of the colorful Nubian villages with their kind and unique people. You will feel like standing on lands that are separated from the outer world full of different customs, food, music, dances, language, and history.”

### **Nubian Food:**

It is prepared from mostly vegetarian organic ingredients based on corn flour and green plants such as Spanish parsley, green coriander, okra, and others. Nubian cuisine is rich in flavors and spices in addition to its unique methods of cooking.





## **Gabanna:**

Its a Nubian tradition where people are gathered at night after they finished their work to relax and drink “Gabanna” which is a green coffee bean roasted with spices such as ginger, cinnamon cardamom, and cloves on a coal fire then boiled in water using a special handmade Gabanna pot made of pottery and glazed with molasses.



## **Nubian Folklore and Events:**

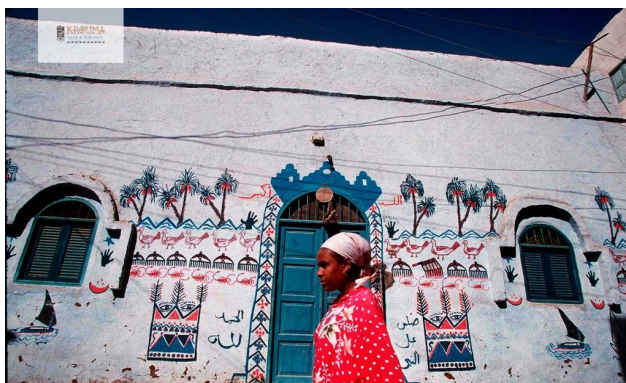
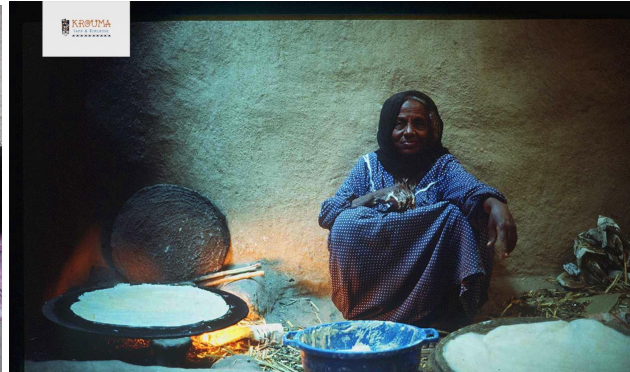
Nubians celebrate their culture through different types of arts mainly poetry, storytelling, and music. For hundreds of years, the Nubian music heritage was the connection point between Africa and the rest of the world as Nubia was the gate of civilization of the African Continent and its beating heart. We here salute our heritage by presenting weekly folklore events in addition to cooperation with different artists outside Nubian Community for Cultural and music fusion.





## Nubian Village:

Either colorful or muddy, the Nubian houses between the Nile island or in the valley, and Nubians hold on to their roots and insistence to revive the uniqueness of the Nubian culture, heritage, and architectural design.



## Nubian Traditions:

Traditions are part of daily life of Nubian people who enjoy practicing it everywhere as in their costume, wearing traditional henna on women hands and feet as well as making braids. Its also saluted in their celebrations as in weddings or child birth.



Nubian Men costume "Arragy"



Nubian Women costume "Gergar"



Henna drawing



Braids Making